

GLEN COVE COMMUNITY DEVELOPMENT AGENCY
City Hall - 9 Glen Street, Glen Cove, NY 11542

Minutes of Meeting
May 23, 2017

The Glen Cove Community Development Agency held a regular business meeting on Tuesday, May 23, 2017 in the 2nd floor conference room, City Hall, Glen Cove, NY 11542. The Chairman called the meeting to order at 6:34 p.m. and the following members were present:

Reginald V. Spinello, Chairman	<u>Also Present:</u>
Vincent Hartley	A. Fangmann, Executive Director
Lindsay Anderson	A. LaMorte, CFO
Dan Cox	C. Byrne, Secretary
Anthony Jimenez	J. Wardlaw, EOC
<u>ABSENT:</u>	Interested public
<i>Luis Vasquez</i>	
<i>D. Willis</i>	

The Secretary reported that notice of meeting was served in accordance with the CDA by- laws.

MINUTES:

Chairman Spinello made a motion to adopt the minutes of the CDA meeting held March 28, 2017 with one correction noted in the voting of resolution 7(a) to reflect board member Dan Cox as being absent. The motion to adopt corrected minutes was seconded by Dan Cox. Motion carried.

EXECUTIVE DIRECTOR'S REPORT:

The Executive Director provided the members with an update on various agency projects and the status of grant applications.

NEW BUSINESS:

The Chairman introduced Janice Wardlaw, Executive Director of the Glen Cove Economic Opportunity Commission (EOC). The CDA has provided funding for summer programs to the EOC over the years and Ms. Wardlaw presented an overview of the successful program: Creative Mindfulness Workshop. 30 youth participants attend mindfulness workshops with creative expression activities to reduce the stress associated with the socio-economic background of the low income participants. Participants have access to activities such as Creative Space dance/yoga/movement and yoga mindfulness techniques program allowing them to express themselves in an artful manner through visual arts, movement, music, writing and drama to foster personal growth and community connections. The program runs weekly throughout the summer with two, back to back, one-hour creative expression workshops as well as yoga and mindfulness workshops (one for 6-9 year olds and the other for 10-12 year olds). Studies show that the program improves the capacity for 30 underprivileged youth to learn ways to cope with stress, enhance their response to stress and the ability to control negative feelings and troubling thoughts which in turn will contribute to better mental, physical and spiritual health as well as improve attention span for improved academic performance, increased self-esteem and empowerment to help make them better people in their community and throughout life. CDBG funding will pay for workshops, programs, field trips and supplies.

As there was no further business to come before the board, the Chairman made a motion to adjourn the meeting. The motion was seconded by Vincent Hartley. Motion carried and meeting adjourned at 7:00 p.m.

Respectfully Submitted,
Camille Byrne, Secretary-CDA